

MEAL PLANNING GUIDE

Patrol Name: SCORPION
 Campout Name Camp Doktor
 Grub Master: Mike W.

Dates: 5/27 - 5/29
 Number of Scouts Attending: 6

All costs are approximate only

Type in your BEST GUESS as to how many UNITS of a food item your Patrol will need for the campout for EACH MEAL.

For EACH DAY of the Campout, fill out the units for each mean UNLESS you know ONE purchase will last the whole Campout.

(Example: A gallon of milk might last a small patrol of boys 2-3 days, so you only need to buy one for several meals)

Use the Shopping List to figure out how many of each item you will need to purchase.

Meal	Item	\$/unit	Unit	DAY 1		DAY 2		DAY 3		SHOPPING LIST
				Units Needed	Total Cost	Units Needed	Total Cost	Units Needed	Total Cost	Total Units Needed
Breakfast	Oatmeal	\$2.00	box of 8			1	\$2.00			1
	Cereal	\$3.00								
	Eggs	\$2.00	dozen					1	\$2.00	1
	Sausage	\$3.00	box of 8					1	\$3.00	1
	Bacon	\$3.50	lb.					1	\$3.50	1
	Bagels/Sweet Rolls	\$1.50	dozen			2	\$3.00			2
	Milk	\$2.00	gal			1	\$2.00			1
	Orange Juice	\$3.00	gal							
	Fruit									
Lunch	Bug Juice									
	Lunch Meat	\$3.50	lb.			1	\$3.50			1
	Condiments									
	Bread/Rolls	\$1.00	dozen			1	\$1.00			1
	Ramen Noodles	\$0.25	pack			4	\$1.00			4
	Canned Spaghetti	\$0.50	can/jar							
	Sliced Cheese									
	Apples									
	Bananas									
	Peanut Butter									
	Jelly									
	Pizza Sauce									
Pepperoni										
Dinner	Hamburger Patties	\$4.00	box of 8							
	Ground Beef	\$2.50	lb.							
	Hot Dogs	\$2.50	box of 8							
	Beef/Steak									
	Potatoes	\$1.50	5lb bag							
	Carrots									
	Onions									
	Foil									
	Bread/Rolls	\$1.00	dozen			2	\$2.00			2
	Pizza Sauce	\$1.00	jar			2	\$2.00			2
	Pepperoni	\$2.25	stick			2	\$4.50			2
	Macaroni									
	Spaghetti Sauce									
	Meatballs									
	Canned Fruit	\$0.75	can/jar							
	Cake Mix	\$2.50	box of 8							
	Milk									
Bug Juice										
Cracker Barrel	Pepperoni	\$2.00	stick			1	\$2.00			1
	Cheese	\$3.00	block	1	\$3.00	1	\$3.00			2
	Crackers	\$1.50	box			1	\$1.50			1
	Nuts	\$2.00	jar	1	\$2.00					1
	Cereal Mix									
	Granola									
Daily Cost					\$5.00		\$27.50		\$8.50	

Total Cost	\$41.00
# of Scouts	6
Cost/Camper	\$6.83