

MEAL PLANNING GUIDE

Patrol Name: _____
 Campout Name _____
 Grub Master: _____

Dates: _____
 Number of Scouts Attending _____

All costs are approximate only

Type in your BEST GUESS as to how many UNITS of a food item your Patrol will need for the campout for EACH MEAL.

For EACH DAY of the Campout, fill out the units for each meal UNLESS you know ONE purchase will last the whole Campout.

(Example: A gallon of milk might last a small patrol of boys 2-3 days, so you only need to buy one for several meals)

Use the Shopping List to figure out how many of each item you will need to purchase.

Meal	Item	\$\$/unit	Unit	DAY 1		DAY 2		DAY 3		SHOPPING LIST Total Units Needed
				Units Needed	Total Cost	Units Needed	Total Cost	Units Needed	Total Cost	
Breakfast	Oatmeal									
	Cereal									
	Eggs									
	Sausage									
	Bacon									
	Bagels/Sweet Rolls									
	Milk									
	Orange Juice									
	Fruit									
Lunch	Bug Juice									
	Lunch Meat									
	Condiments									
	Bread/Rolls									
	Ramen Noodles									
	Canned Spaghetti									
	Sliced Cheese									
	Apples									
	Bananas									
	Peanut Butter									
	Jelly									
	Pizza Sauce									
	Pepperoni									
Dinner	Hamburger Patties									
	Ground Beef									
	Hot Dogs									
	Beef/Steak									
	Potatoes									
	Carrots									
	Onions									
	Foil									
	Bread/Rolls									
	Pizza Sauce									
	Pepperoni									
	Macaroni									
	Spaghetti Sauce									
	Meatballs									
	Canned Fruit									
	Cake Mix									
Milk										
Bug Juice										
Cracker Barrel	Pepperoni									
	Cheese									
	Crackers									
	Nuts									
	Cereal Mix									
	Granola									
Daily Cost										

Total Cost	
# of Scouts	
Cost/Camper	